

# 2018 - 2019 PREP ATHLETES AWARDS GALA HONOREES

## ATHLETES OF THE YEAR

### MALE

<i>Name</i>	<i>Sport</i>	<i>School</i>
TBA		

### FEMALE

<i>Name</i>	<i>Sport</i>	<i>School</i>
TBA		

## STUDENT-ATHLETES OF THE YEAR

### MALE

<i>Name</i>	<i>Sport</i>	<i>School</i>
TBA		

### FEMALE

<i>Name</i>	<i>Sport</i>	<i>School</i>
TBA		

## COACHES OF THE YEAR

### MALE

<i>Name</i>	<i>Sport</i>	<i>School</i>
TBA		

### FEMALE

<i>Name</i>	<i>Sport</i>	<i>School</i>
TBA		

### **ATHLETES OF THE YEAR - Fall 2018**

<b><i>Name</i></b>	<b><i>Sport</i></b>	<b><i>School</i></b>
Shawn Poma	Football (Off)	Cathedral Catholic
Michael Shawcroft	Football (Def)	Helix
AJ Kuypers	Water Polo	Cathedral Catholic
Megan Connors	Field Hockey	Scripps Ranch
Kristin Fahy	Cross Country	La Costa Canyon
Jacob Stanford	Cross Country	La Costa Canyon
Katie Codd	Tennis	Canyon Crest
Brianna Navarrosa	Golf	Mater Dei Catholic
Emily Fitzner	Volleyball	Torrey Pines

### **ATHLETES OF THE YEAR - Winter 2018**

<b><i>Name</i></b>	<b><i>Sport</i></b>	<b><i>School</i></b>
Bryce Pope	Basketball	Torrey Pines
Sylena Peterson	Basketball	Mt. Miguel
Denzel Zepeda	Soccer	Torrey Pines
Lexi Wright	Soccer	Carlsbad
Jaden Abas	Wrestling	Rancho Bernardo
Maddie Konopka	Wrestling	La Costa Canyon
Sophia Sanders	Water Polo	Bishop's
Miles Cook	Roller Hockey	Rancho Bernardo

### **ATHLETES OF THE YEAR - Spring 2019**

<b><i>Name</i></b>	<b><i>Sport</i></b>	<b><i>School</i></b>
TBA		

### **ALL-ACADEMIC TEAM CAPTAINS - Fall 2018**

<b><i>Name</i></b>	<b><i>Sport</i></b>	<b><i>School</i></b>
Michael Shawcroft	Football	Helix
Cole Atwell	Water Polo	La Jolla
Keeley Akagi	Field Hockey	San Pasqual
Kristin Fahy	Cross Country	La Costa Canyon
Daniel Rubin	Cross Country	Sage Creek
Thelma Sepulveda	Tennis	San Ysidro
Brooke Seay	Golf	Francis Parker
Macall Peed	Volleyball	Torrey Pines

## ALL-ACADEMIC TEAM CAPTAINS – Winter 2018

<i>Name</i>	<i>Sport</i>	<i>School</i>
Phonisha Pruitt	Wrestling	Lincoln
Jaden Abas	Wrestling	Rancho Bernardo
Jaren Nafarrete	Basketball	Christian
Kathryn Neff	Basketball	Mission Hills
Chris Sanchez	Soccer	Poway
Gianna Creighton	Soccer	West Hills
Reese Oliver	Water Polo	Coronado
Luke Killeen	Roller Hockey	Eastlake

## ALL-ACADEMIC TEAM CAPTAINS – Spring 2019

<i>Name</i>	<i>Sport</i>	<i>School</i>
TBA		

## STARS OF THE MONTH

### **SEPTEMBER 2018**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Vanessa Ho	Golf	Rancho Bernardo
Kristin Fahy	Cross Country	La Costa Canyon
Hanna Winn	Field Hockey	Serra
Kenyon Williams	Football	Kearny
Jahmon McClendon	Football	Monte Vista
Dorian Richardson	Football	Rancho Buena Vista

### **OCTOBER 2018**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Josh McCurty	Football	Eastlake
Jacob Stanford	Cross Country	La Costa Canyon
Megan Connors	Field Hockey	Scripps Ranch
Brian Driscoll	Football	Torrey Pines
Brianna Navarrosa	Golf	Mater Dei Catholic
Emily Fitzner	Volleyball	Torrey Pines

### **NOVEMBER 2018**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Skyler Wallace	Cross Country	Sage Creek
Shawn Poma	Football	Cathedral Catholic
Katie Codd	Tennis	Canyon Crest
AJ Kuypers	Water Polo	Cathedral Catholic
Ivanna Montemayor	Golf	Mater Dei Catholic
Don Chapman	Football	Lincoln

**DECEMBER 2018**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Mo Jackson	Football	San Diego
Rejean (Boogie) Ellis	Basketball	Mission Bay
Chloe Webb	Basketball	Mater Dei Catholic
Miles McCormick	Football	Cathedral Catholic
Jaden Abas	Wrestling	Rancho Bernardo
Mazatlan Harris	Basketball	Cathedral Catholic

**JANUARY 2019**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Kyle Paranada	Basketball	Montgomery
Lexi Wright	Soccer	Carlsbad
Erin Healy	Soccer	OLP
Chibuzo Agbo	Basketball	St. Augustine
Sylena Peterson	Basketball	Mt. Miguel
Matt Guthrie	Soccer	Scripps Ranch

**FEBRUARY 2019**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Isuneh (Ice) Brady	Basketball	Cathedral Catholic
Tyler Badgett	Wrestling	Rancho Bernardo
Maddie Konopka	Wrestling	La Costa Canyon
Bryce Pope	Basketball	Torrey Pines
Sofia Stein	Water Polo	Bishop's
Denzel Zepeda	Soccer	Torrey Pines

**MARCH 2019**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Ryan Langborg	Basketball	La Jolla Country Day
Rachel Rhee	Swimming	La Costa Canyon
Lexi Sosa	Softball	Mater Dei Catholic
Alysah Hickey	Track	Coronado
Keoni Cavaco	Baseball	Eastlake
Daisy Contreras	Soccer	West Hills

**APRIL 2019**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Kenan Christon	Track	Madison
Ashley Callahan	Track	Rancho Bernardo
Staci Chambers	Softball	Granite Hills
Will Meader	Volleyball	Torrey Pines
Scott Anderson	Baseball	Sage Creek
Alyssa Vilke	Softball	Scripps Ranch

**MAY 2019**

<i>Name</i>	<i>Sport</i>	<i>School</i>
TBA		

**ATHLETES OF THE WEEK****AUGUST 2018****WEEK - 08/22/2018**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Gunnar Gray	Football	University City
Mateo Sinohui	Football	Valley Center
Cristopher Ostreng	Football	Granite Hills

**WEEK - 08/29/2018**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Dorian Richardson	Football	Rancho Buena Vista
Ted Merrifield	Football	Torrey Pines
Hanna Karl	Volleyball	Sage Creek
Colton Snipes	Football	Santana
Jasmine Hoffard	Golf	Escondido
Cael Patterson	Football	Orange Glen
Ford Eldredge	Water Polo	Bishop's
Aiden Calvert	Football	Mater Dei Catholic

**SEPTEMBER 2018****WEEK - 09/05/2018**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Amy Buffini	Volleyball	Maranatha
Hadi Assi	Football	Army-Navy
Michael Ambagsheer	Football	St. Augustine
Brooke Seay	Golf	Francis Parker
Jacob Laverdiere	Football	Mount Miguel
Phillip Gooding	Football	La Jolla Country Day

**WEEK - 09/12/2018**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Brianna Navarossa	Golf	Mater Dei Catholic
Raymond Spriggs	Football	Lincoln
Jacob Stanford	Cross Country	La Costa Canyon
Skyler Wallace	Cross Country	Sage Creek
Vanessa Ho	Golf	Rancho Bernardo

Sean McDonald	Football	Ramona
Alexandra DiNofia	Volleyball	La Jolla
Demieko Hill	Football	Kearny

**WEEK - 09/19/2018**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Keoni Quintana	Football	Carlsbad
Macall Peed	Volleyball	Torrey Pines
Carlie Dorostkar	Cross Country	Canyon Crest
Max Smith	Football	La Jolla
Arianna Lorenzana	Field Hockey	Eastlake
Lila Browne	Field Hockey	Bishop's

**WEEK - 09/26/2018**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Roland Cota	Football	Bonita Vista
Frankie Varela	Cross Country	San Pasqual
Megan Connors	Field Hockey	Scripps Ranch
Jahmin McClendon	Football	Monte Vista
Chloe Rhodes	Golf	Rancho Bernardo
AJ Kuypers	Water Polo	Cathedral Catholic

**OCTOBER 2018**

**WEEK - 10/03/2018**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Karla Padilla	Volleyball	Ocean View
Nader Ali	Cross Country	Crawford
Lauren Gomez	Golf	Point Loma
Julian Ruiz	Water Polo	Classical
Dylan York	Football	Oceanside
Nicole Prescott	Volleyball	La Jolla Country Day

**WEEK - 10/10/2018**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Emera Price	Field Hockey	San Pasqual
Annika Yturralde	Golf	Steele Canyon
Maddie Endsley	Volleyball	Cathedral Catholic
Max Carrillo	Water Polo	Classical
Luke Mikolajewski	Football	Torrey Pines
Caleb Niednagel	Boy's Cross Country	La Costa Canyon

**WEEK - 10/17/2018**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Crista Izuzquiza	Golf	Coronado
Josh Butler	Football	Poway
Stephanie Heimler	Golf	Rancho Bernardo
Thadeo Campbell	Football	Central Union
Emma Galloway	Volleyball	Tri-City Christian
Timmy Zebroski	Football	Serra

**WEEK - 10/24/2018**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Austin Smit	Water Polo	Cathedral Catholic
Ivanna Montemayor	Golf	Mater Dei Catholic
Kegan Baker	Football	Valhalla
Bella Longo	Cross Country	Mission Vista
Angelo Ducksworth	Football	Rancho Bernardo
Nina Khosla	Field Hockey	La Jolla Country Day

**WEEK - 10/31/2018**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Irene Huang	Tennis	Canyon Crest
Olivia Tracey	Tennis	Patrick Henry
Chloe Tran	Tennis	Carlsbad
Stephanie Adams	Volleyball	El Capitan
Cale Horton	Football	Ocean View
Joey Castillo	Football	Hilltop
Athena Leota	Volleyball	Bishop's
Victoria Mellow	Field Hockey	Scripps Ranch

**NOVEMBER 2018****WEEK - 11/07/2018**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Breanna Young	Volleyball	Maranatha
Marissa Garcia	Field Hockey	Eastlake
Nathan Temple	Football	Santana
Delaney Karl	Volleyball	Sage Creek
Delaynie Maple	Volleyball	Torrey Pines
Kate Phillips	Volleyball	Santa Fe Christian

**WEEK - 11/14/2018**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Katie Codd	Tennis	Canyon Crest
Bryce Elsner	Water Polo	Canyon Crest

Jake Howerton	Water Polo	Cathedral Catholic
Deniro Osuna	Football	Central
Sophia Chavez	Volleyball	SD High Tech
Blake McIntyre	Football	Foothills Christian

**WEEK - 11/21/2018**

<i><b>Name</b></i>	<i><b>Sport</b></i>	<i><b>School</b></i>
Jessica Ebert	Field Hockey	Scripps Ranch
Logan LaScola	Field Hockey	Canyon Crest
Alesia Casillas	Field Hockey	Eastlake
Jonathan Velasco	Cross Country	Mission Hills
Shawn Poma	Football	Cathedral Catholic
Jaeden Calder	Water Polo	Vista

**WEEK - 11/28/2018**

<i><b>Name</b></i>	<i><b>Sport</b></i>	<i><b>School</b></i>
Stormy Wallace	Cross Country	Sage Creek
Rashad Prince	Football/Cross Country	Orange Glen
Isaiah Thompson	Football	Morse
Akili Butler	Football	Lincoln
Raiden Hunter	Football	San Diego
JT Penick	Football	St. Augustine

**DECEMBER 2018**

**WEEK - 12/05/2018**

<i><b>Name</b></i>	<i><b>Sport</b></i>	<i><b>School</b></i>
Colby Neal	Basketball	Poway
Keyshawn Smith	Football	Lincoln
Mo Jackson	Football	San Diego
Carlos Galan	Football	Orange Glen
Dean Janikowski	Football	Cathedral Catholic
Sam Dudley	Basketball	Santa Fe Christian

**WEEK - 12/12/2018**

<i><b>Name</b></i>	<i><b>Sport</b></i>	<i><b>School</b></i>
Karen Salais	Wrestling	Calexico
Sylena Peterson	Basketball	Mount Miguel
Brigitte Bonebrake	Soccer	Torrey Pines
Kailen Rains	Basketball	San Ysidro
Christian Ubochi	Basketball	Victory Christian
Amanda Angulo	Basketball	Holtville



**WEEK - 12/19/2018**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Quinn O'Connor	Football	San Diego
Chibuzo Agbo	Basketball	St. Augustine
Anne-Marie Maskalenko	Wrestling	Clairemont
Lynette Garon	Basketball	Otay Ranch
Jaden Le	Wrestling	Rancho Bernardo
Justin Pirigyi	Soccer	La Jolla Country Day

**WEEK - 12/26/2018**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Jazzy Anousinh	Basketball	La Jolla Country Day
Luke Haupt	Basketball	Saint Augustine
Zack White	Basketball	Bishop's
Kyle Paranada	Basketball	Montgomery

**JANUARY 2019****WEEK - 01/03/2019**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Marissa Sanchez	Basketball	Mater Dei Catholic
Tyson Robinson	Basketball	El Camino
Jack Bailey	Basketball	Rancho Buena Vista
Rahin Williams	Basketball	Montgomery
Ali Demiralp	Soccer	Torrey Pines
Morgan Wills	Basketball	University City

**WEEK - 01/9/2019**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Mackenzie Curtis	Basketball	El Capitan
Toren Dunbar	Wrestling	Steele Canyon
Hayden Gray	Basketball	Santa Fe Christian
Aaron Gandara	Wrestling	Poway
Sophia Sanders	Water Polo	Bishop's
Nikolas Rizzo	Wrestling	Rancho Bernardo

**WEEK - 01/16/2019**

<i>Name</i>	<i>Sport</i>	<i>School</i>
CJ Jackson	Basketball	Sweetwater
Alex Bell	Basketball	Serra
Javen Jovero	Wrestling	Rancho Bernardo
Katelyn Nelson	Basketball	Otay Ranch
Jackie Barrientos	Soccer	Bonita Vista
Allie Carreon	Basketball	Christian

Fallon Burnworth

Water Polo

West Hills

**WEEK - 01/23/2019**

***Name***

Te-Hina Paopao

Erin Healy

Tyson McWilliams

Jake Aaknes

Jayson Taylor

Bailey Gehler

***Sport***

Basketball

Soccer

Basketball

Soccer

Basketball

Basketball

***School***

La Jolla Country Day

OLP

St. Augustine

La Costa Canyon

La Jolla Country Day

OLP

**WEEK - 01/30/2019**

***Name***

Citlalli Guirrola

Caleb Nelson

Olivia Zeldin

Kahmillie Booker

Maggie Johnson

Allison Luo

***Sport***

Basketball

Basketball

Soccer

Basketball

Water Polo

Soccer

***School***

Mt. Miguel

Carlsbad

Steele Canyon

Morse

Bishop's

Francis Parker

**FEBRUARY 2019**

**WEEK - 02/6/2019**

***Name***

Michael Pope

Jalai O'Keith

Melvin Alvarado

Annabel He

Madelyn Navarro

Isuneh (Ice) Brady

***Sport***

Basketball

Basketball

Soccer

Wrestling

Wrestling

Basketball

***School***

Torrey Pines

Foothills

Hoover

Rancho Bernardo

El Camino

Cathedral Catholic

**WEEK - 02/13/2019**

***Name***

Kimo Ferrari

Claudia Nirmal

Jayden Smith

Andrew Luna

Andrew Johnson

Sierra Marti

***Sport***

Basketball

Soccer

Wrestling

Wrestling

Wrestling

Soccer

***School***

Francis Parker

Bonita Vista

Brawley

Imperial

Poway

Eastlake

**WEEK - 02/20/2019**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Jason Miranda	Wrestling	Poway
Tyler Watson	Wrestling	Mt. Carmel
Katie Scott	Water Polo	Bishop's
Piper McCulloch	Water Polo	Westview
Kelly Couvrette	Water Polo	Poway
Olivia Sekimoto	Soccer	Eastlake

**WEEK - 02/27/2019**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Grace Kellerman	Water Polo	Poway
Tyler Badgett	Wrestling	Rancho Bernardo
Antonio Garcia	Baseball	Chula Vista
Alexa Mikeska	Basketball	Carlsbad
Nick Bello	Soccer	Torrey Pines
Alexandria Swift	Basketball	Vincent
Noah Viera	Basketball	Torrey Pines
Ashley Herndon	Soccer	Steele Canyon

**MARCH 2019****WEEK - 03/06/2019**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Diego Edwards	Basketball	SD Southwest
Izel Smith	Soccer	Westview
Gianna Creighton	Soccer	West Hills
Marisa Urbano-Sedlund	Basketball	La Jolla Country Day
Raymond Lu	Basketball	La Jolla Country Day
Jonathan Marshall	Baseball	Patrick Henry

**WEEK - 03/13/2019**

<i>Name</i>	<i>Sport</i>	<i>School</i>
A.J. Farfan	Softball	Calvary Christian
Cody Sherman	Roller Hockey	Scripps Ranch
James Hapgood	Basketball	La Jolla Country Day
Jonas Appel	Golf	La Costa Canyon
Corbitt Kerr	Volleyball	St. Augustine
Brandy Atuatasi	Track	West Hills

**WEEK - 03/20/2019**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Gabe Jones	Baseball	Mira Mesa
Alyssa Garcia	Softball	Mater Dei Catholic
Ashley Callahan	Track	Rancho Bernardo
Devin Fragoso	Baseball	Kearny
Courtney Anderson	Lacrosse	Bishop's
Nick Gustafson	Volleyball	Francis Parker

**WEEK - 03/27/2019**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Haley White	Softball	Torrey Pines
Jackson Moss	Golf	Point Loma
Scott Anderson	Baseball	Sage Creek
Bailey Langford	Softball	Poway
Noah Tellez-Velazquez	Track	San Pasqual
Jessica Riedman	Track	La Costa Canyon

**APRIL 2019****WEEK - 04/03/2019**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Staci Chambers	Softball	Granite Hills
Alonzo Richardson	Baseball	Helix
Noelle Harvey	Swimming	La Costa Canyon
Myles Henderson	Volleyball	Del Norte
Tegan Preston	Swimming	La Costa Canyon
Owen Colombo	Swimming	Christian

**WEEK - 04/10/2019**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Elise Miller	Track	San Pasqual
David Codling	Volleyball	Torrey Pines
Eric Parker	Track	Helix
Kyra Chan	Softball	Torrey Pines
Ricky Tibbett	Baseball	Eastlake
Joseph Cetale	Baseball	La Jolla Country Day

**WEEK - 04/17/2019**

<i>Name</i>	<i>Sport</i>	<i>School</i>
Jacob Rice	Track	Rancho Bernardo
Shelby Maier	Softball	Bishop's
Eric Doyle	Golf	Cathedral Catholic
Mateo Medina	Baseball	Patrick Henry

Rodrigo Duran	Golf	La Jolla Country Day
Jerod Gray	Baseball	Kearny

**WEEK - 04/24/2019**

<b><i>Name</i></b>	<b><i>Sport</i></b>	<b><i>School</i></b>
Kiyra Moody	Softball	Mater Dei Catholic
Fisher Pyatt	Baseball	St. Augustine
Eric Smelko	Baseball	Helix
Caden Fiorini	Golf	Torrey Pines
Cori Montero	Lacrosse	Eastlake
Aysha Shaheed	Track	Madison
Cameron Einhorn	Volleyball	Mt. Carmel

**MAY 2019**

**WEEK - 05/01/2019**

<b><i>Name</i></b>	<b><i>Sport</i></b>	<b><i>School</i></b>
Natalia Dougan	Track	Mt. Carmel
Kento Yamawaki	Golf	La Costa Canyon
Noah Snyder	Swimming	Christian
Garrett Brown	Track	La Costa Canyon
Paulina Ortiz	Softball	Oceanview
Stephen Goedken	Volleyball	Carlsbad

**WEEK - 05/08/2019**

<b><i>Name</i></b>	<b><i>Sport</i></b>	<b><i>School</i></b>
Kira Crage	Swimming	Torrey Pines
Luz Mercado	Track	Eastlake
Jaye Patrick	Diving	Canyon Crest
Matt Sah	Tennis	Torrey Pines
Jay Blando	Tennis	Rancho Bernardo
Shea Lague	Golf	Steele Canyon

**WEEK - 05/15/2019**

<b><i>Name</i></b>	<b><i>Sport</i></b>	<b><i>School</i></b>
Slater Bird	Volleyball	Westview
Lawrence Taing	Badminton	Patrick Henry
Athena Aguilar	Badminton	Patrick Henry
Mia Kragh	Swimming	Torrey Pines
Noah Jaffe	Swimming	San Dieguito
Jacob Paule	Golf	St. Augustine
Stephan Lukashev	Swimming	Torrey Pines

**WEEK - 05/22/2019**

<b><i>Name</i></b>	<b><i>Sport</i></b>	<b><i>School</i></b>
Megan Lee	Gymnastics	Torrey Pines
Thomas Caneday	Baseball	Helix
Alex Pistorius	Lacrosse	Torrey Pines
Garrett Stanford	Track	La Costa Canyon
Isaac Rodea	Golf	Torrey Pines
Tessa Anderson	Gymnastics	West Hills
Jacey Farmer	Track	Rancho Bernardo
Ella Brislin	Lacrosse	Scripps Ranch